



Transforming Housing ...The Path to Net Zero Energy Homes



Riverdale NZE



Belgravia NZE

ARCH-243
Mechanical/Electrical Systems
SAIT

Calgary
2010 November 29

Gordon Howell, P.Eng.

howell-mayhew
engineering, inc.

Edmonton



Mill Creek NZE

Introduction...

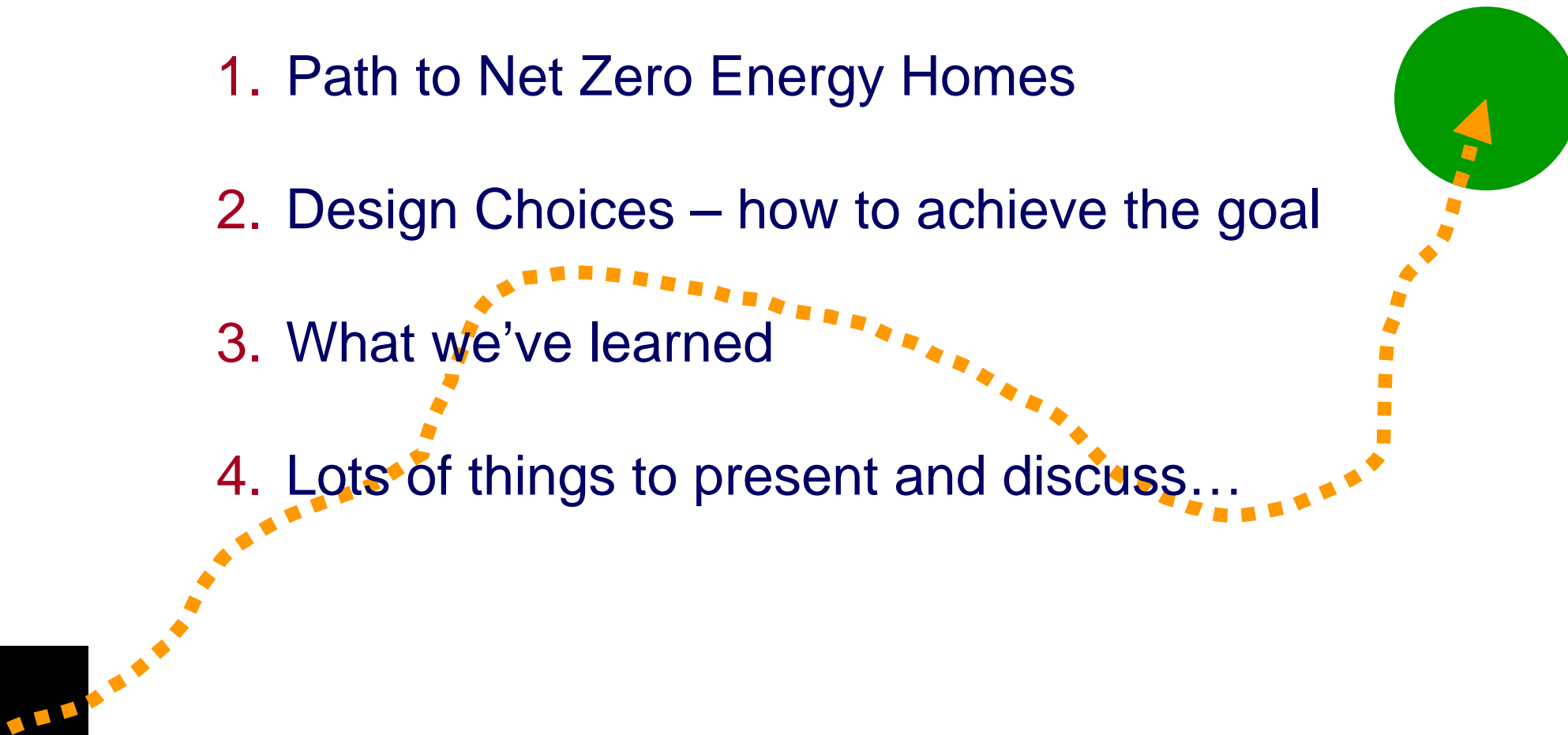
- Howell-Mayhew Engineering is a developer of solar electric (PV) system projects
- We also work with homebuilders who want to build net zero energy homes
 - Edmonton's first 5:



- plus, under development:
 - Effect Homes
 - Rosecrest Homes
 - Kensington Master Builder
 - and others...



Presentation Focus

1. Path to Net Zero Energy Homes
 2. Design Choices – how to achieve the goal
 3. What we've learned
 4. Lots of things to present and discuss...
- 

Precedents



Saskatchewan Conservation House (1977)
Regina
76 kWh/m²



Rob Dumont's House (1992)
Saskatoon
47 kWh/m²

Factor 9 House (2007)
Regina
33 kWh/m²



Edmonton's Net Zero Energy Houses



■ Riverdale

- 2 net zero houses completed
 - 6 under construction
 - 2 being planned
- 6 builders



■ Mill Creek

Peter Amerongen



www.habitat-studio.com



■ Parkland



■ Belgravia



■ South Windsor Park

Riverdale NetZero Energy Home – Edmonton 2008

- duplex
- 171 m^2 (1844 ft^2) per side
- 234 m^2 (2519 ft^2) including basement
- 3 bedrooms

All numbers stated are for each side of the duplex.

2008 December 30, 12h47, -20°C



Why is it called a Net Zero Energy House?

- A house that generates all its own heat and electricity on an annual basis...
- Net zero energy is just the dividing line between
 - net deficit energy (where you need to purchase energy because your house doesn't generate sufficient of its own)
 - net surplus energy (where the house is a benefit to the environment because it is operating)
- It had never been done before in Canada until CMHC developed their EQUilibrium Sustainable Housing Initiative.

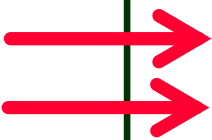


Elements of EQuilibrium Housing

▪ Health

- Indoor air quality
 - Emissions
 - Thermal comfort
 - Moisture
 - Particle control
 - Ventilation
- Daylighting
- Noise control
- Water quality

▪ Energy

- 
- Annual energy consumption
 - Renewable energy strategy
 - Peak electricity demand
 - Embodied energy strategy

▪ Resources

- Sustainable materials
- Durability
- Material efficiency
- Water conservation
- Adaptability / flexibility

▪ Environment

- Land use planning
- Sediment and erosion control
- Storm water management
- Waste water management
- Solid waste management
- Air pollution emissions

▪ Affordability

- Financing
- Marketability

Discussions of EQUilibrium Housing

■ Technology

- Products
- Performance simulation
- Design
- Installation
- Operation
- Monitoring

■ Attributes of House

- Energy (house, food, transportation)
- Indoor environment (air, water)
- Outdoor environment (water, landscaping)
- Sustainability, materials, recycling
- Emissions (air, water, soil, land, waste)
- Costs, economics

■ Technology Transfer

- Communication
- Awareness
- Education
- Training
- Demonstration
- Marketing

■ Organisation of Society

- Policies and their goals and consequences
- Infrastructure (energy, housing, transport)
- Industrial capacity
- Incentives, barriers and standards
- Subsidies, green taxation
- Removing competing subsidies

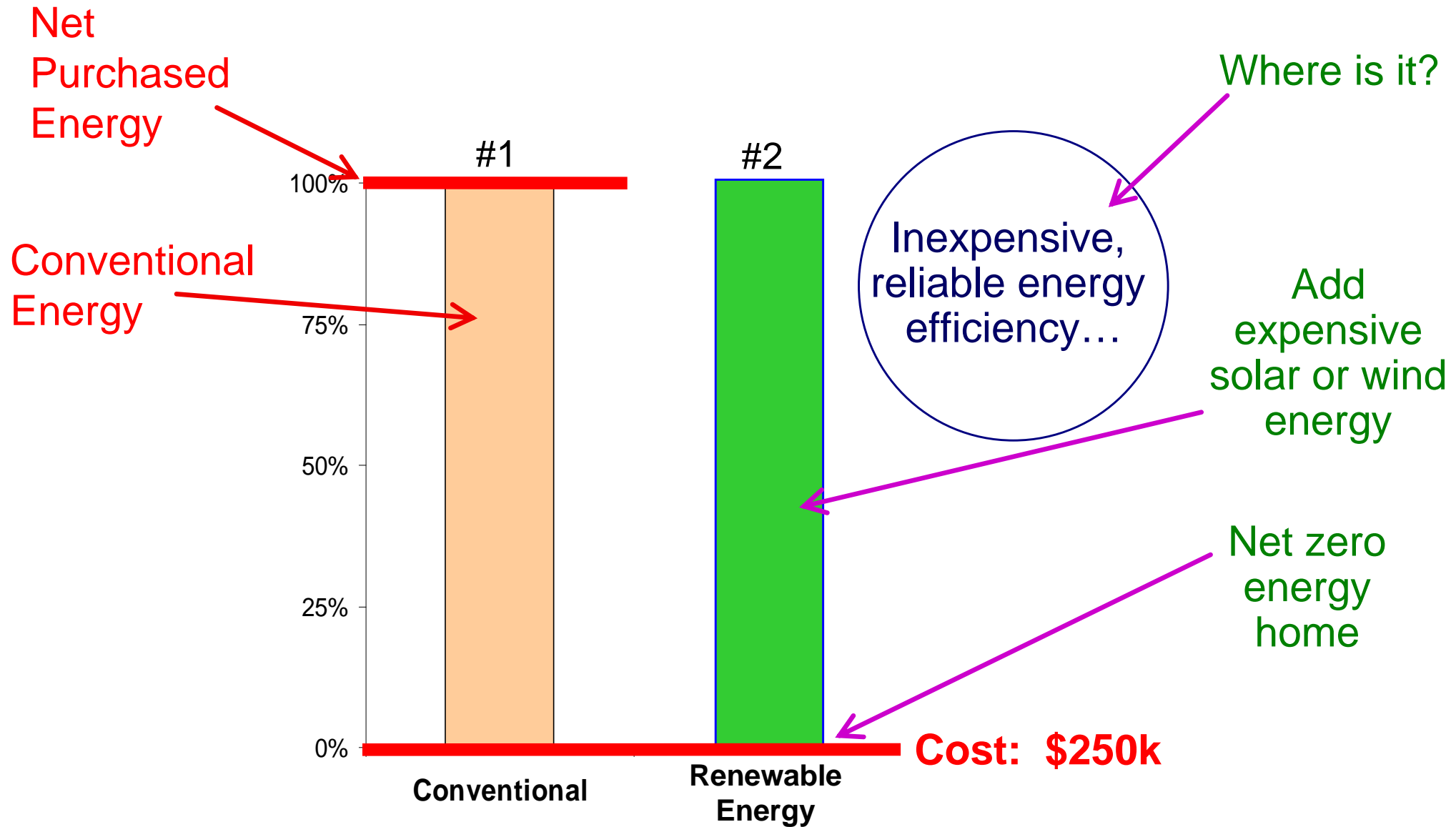
The Design Challenge: Is it possible to achieve NZ energy?

(after all, it's pretty cold and dark here in the winter...)

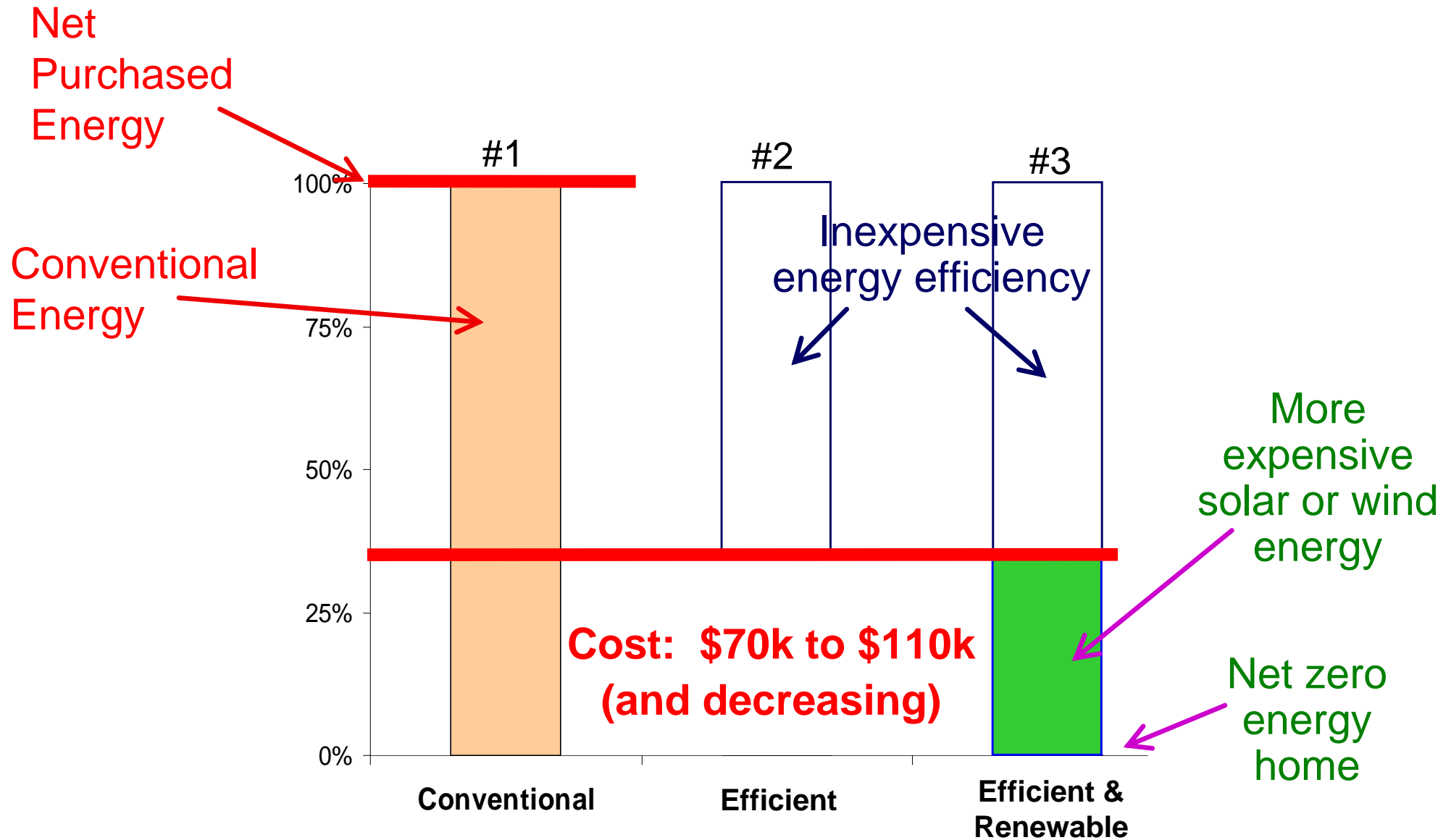
- In Edmonton, an average house uses:
 - Around 6 times more heating fuel energy than electricity!
 - Biggest challenge is not in supplying household electricity...
 - Instead ... it is in supplying home heating!



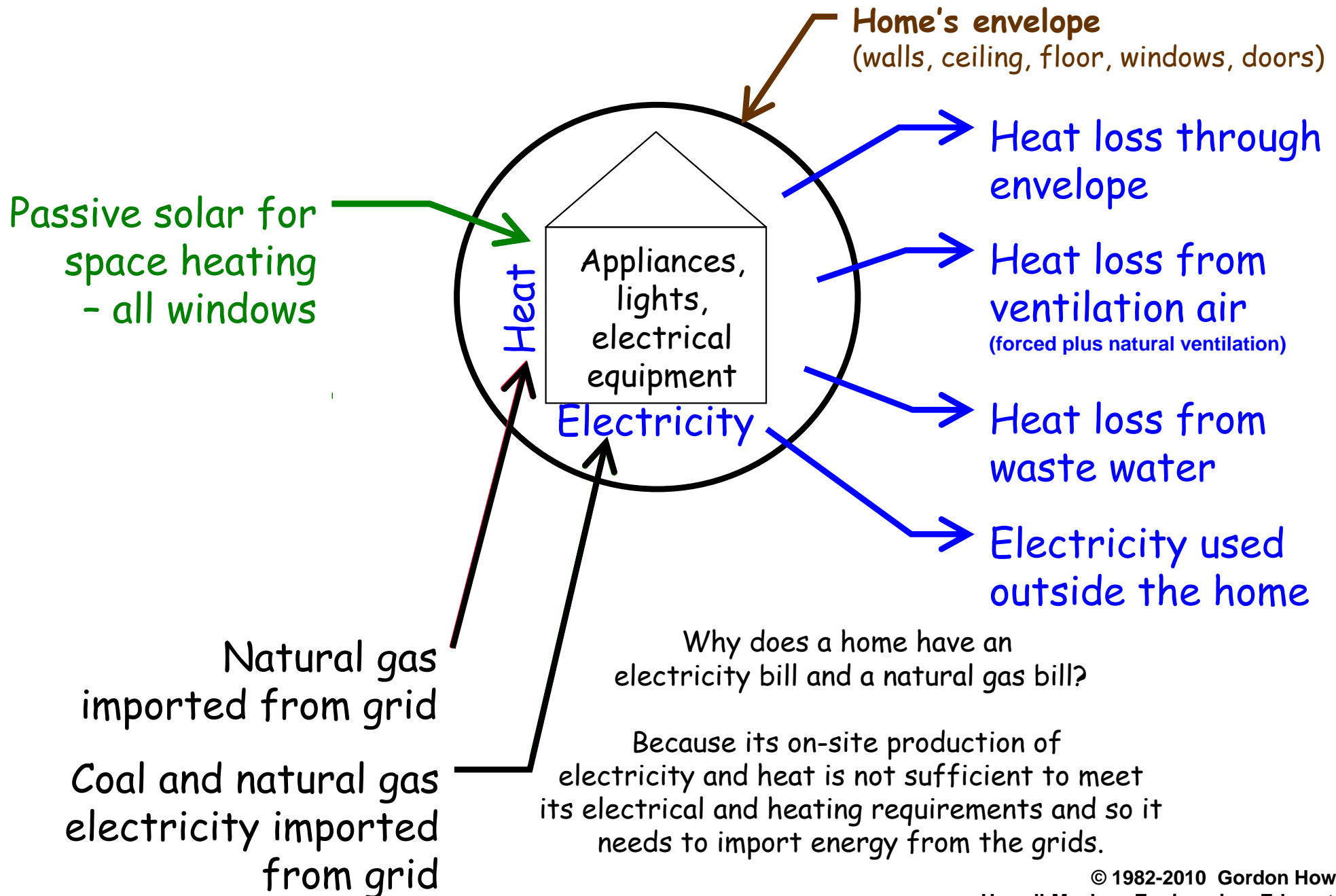
The most expensive way to achieve NZE...



The least expensive way to achieve NZE...

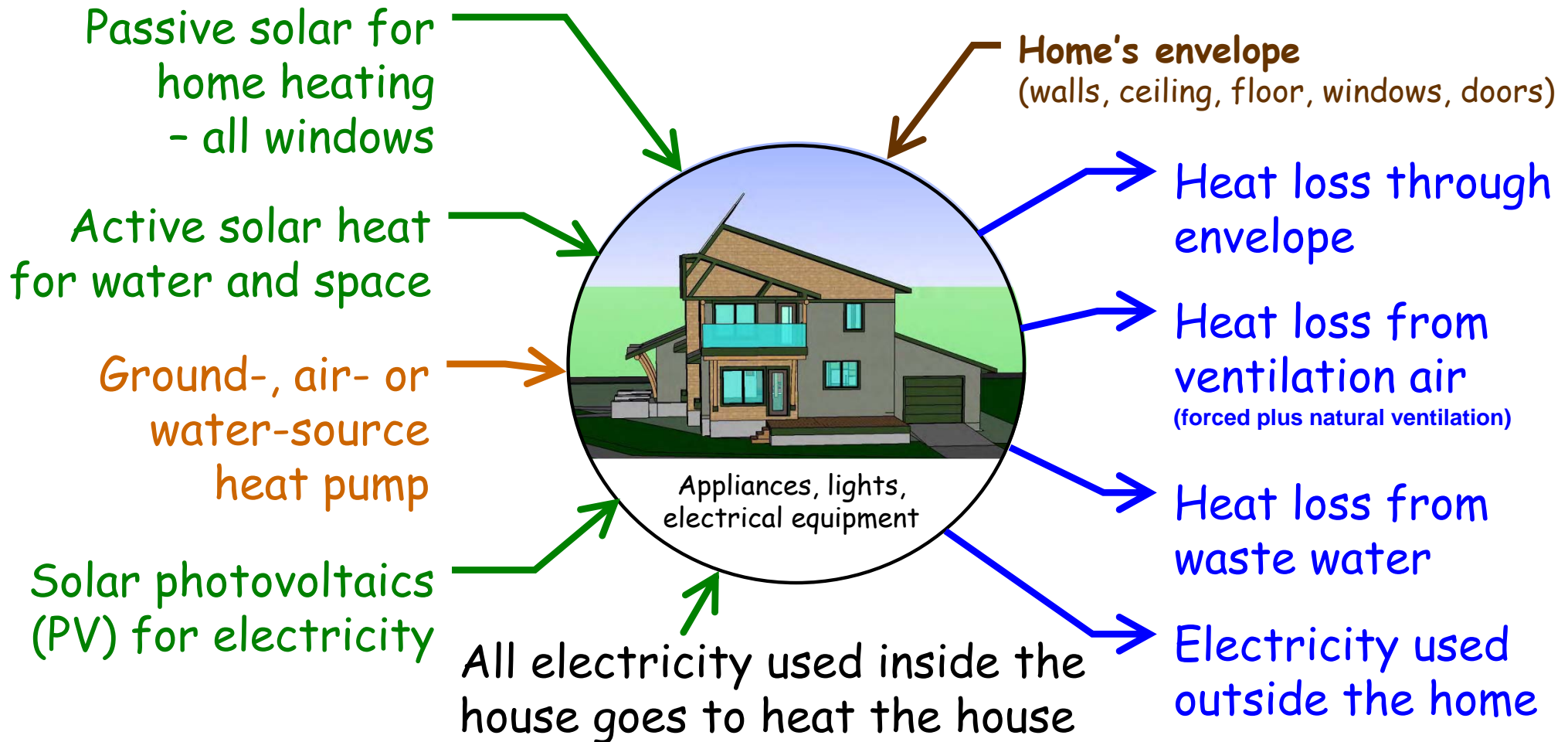


Energy Flows – Standard Home





Energy Flows – Any NetZero Home



=====

#3. The third key to a net zero energy house is to **maximise** and **control** the energy gains...

=====

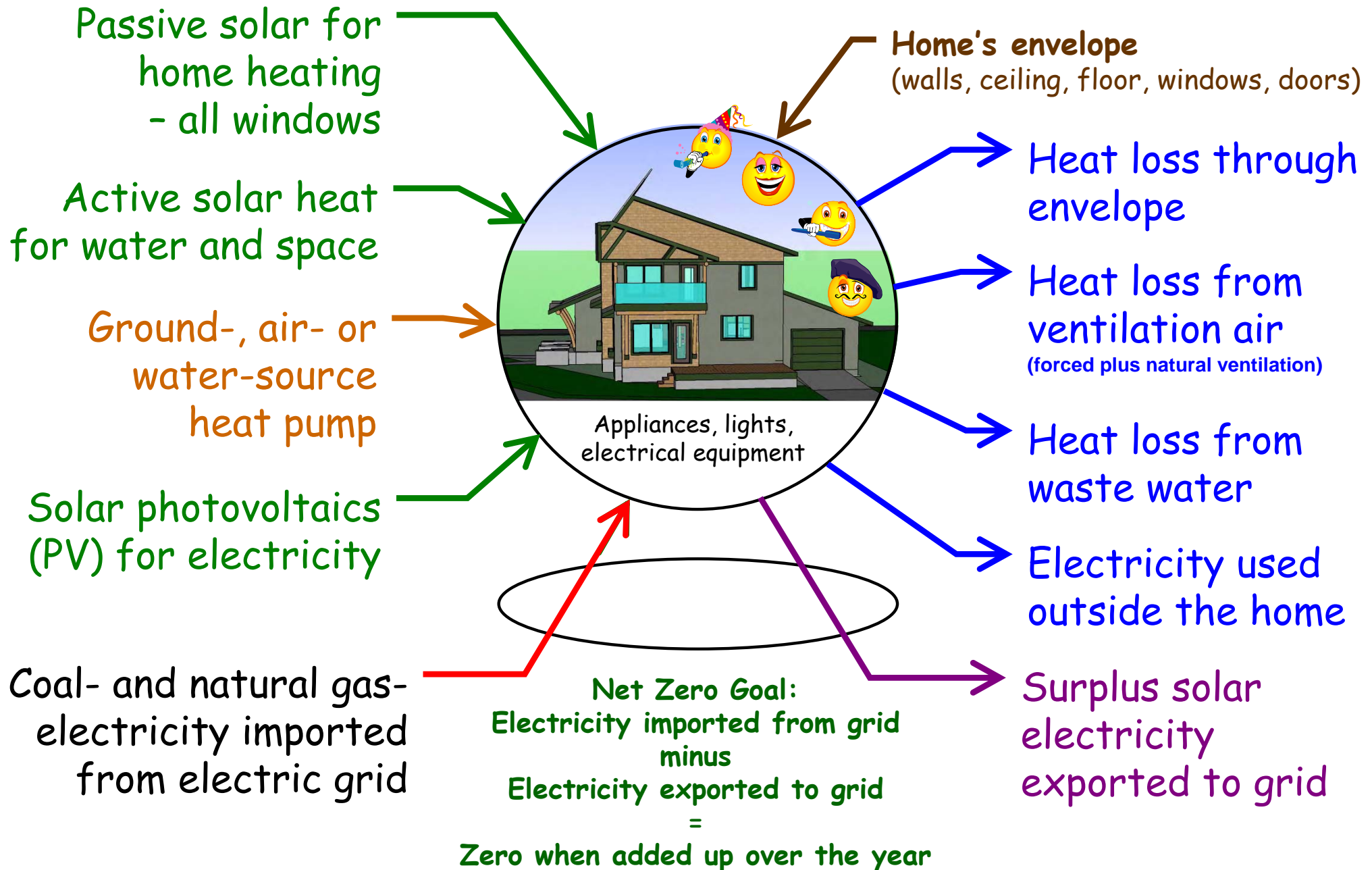
#1. The first key to a net zero energy house is to **minimise** and **control** the electricity usage...

=====

#2. The second key to a net zero energy house is to **minimise** and **control** the house heat loss...



Energy Flows – Any NetZero Home



How do you plan for a net zero energy house?

- First and most important:
 - Minimise heat and electrical energy consumption
 - Reduce by **65%** through energy efficient and water efficient design, construction and appliances
 - This is the cheapest-cost option
 - Cost was \$20,000 (net cost of \$10,000 to the homeowner, because of Alberta's \$10,000 incentive for EGH 86 homes)
- Second:
 - Maximise and control the contribution of solar energy
 - Supply **35%** balance of heat and electrical energy
 - Cost was \$90,000 on first house (\$50,000 on the next two)

– cheapest to most expensive

- ▶ **Electrical fixtures and appliances – electrical**
 - ▶ **Water fixtures and appliances – water**
 - ▶ **Building envelope – heating**
- Ultra-high efficiency technologies**
-
- ▶ **Passive solar space heating...???**
 - ▶ **Active solar liquid for domestic water heating...???**
 - ▶ **Active solar liquid for space heating...???**
 - ▶ **Active solar air for space heating...???**
 - ▶ **Heat pump: ground, air, water, solar...???**
 - ▶ **Solar-electric heating: heated air, electricity...???**
- Heating, cooling technologies**
-
- ▶ **Solar photovoltaics...???**
 - ▶ **Microwind...???** (probably not in urban settings)
- Electricity technologies**

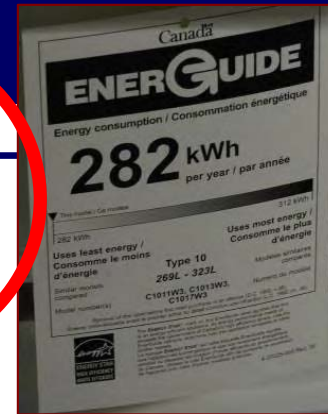
Next...

2. Design Choices



#1. Domestic Electricity

- Electricity consumption reduced by **50%**
 - ❖ EnerGuide energy efficient appliances
 - ❖ ECM ventilation motors
 - ❖ Lighting
 - compact fluorescent, LEDs,
 - halogen task lighting
 - daylighting
 - ❖ Phantom load control
- Domestic electricity consumption calculated to be 3800 kWh/year (compared to 6600 kWh/year for average household)



Fridge



Clothes dryer



- LED lighting:
 - Dining room
 - Living room
 - Master bedroom



Dishwasher

CF lighting



#2. Domestic Water Heating

- Fuel consumption for water heating reduced **75%**
 - ❖ Water efficient shower heads, faucets,
 - ❖ EnerGuide dishwasher, clothes washer
 - ❖ Shower drain water heat recovery (50% recovery)
- Hot water 105 litres per day
(compared to 227 L/day average)
- Potable water modelled at 330 litres per day



Drain water
heat recovery



Shower heads and faucets



Dish washer



Clothes washer



#3. Building Envelope

- Fuel consumption for space heating reduced by **70%**
 - ❖ Ultra high insulation levels
 - ❖ High performance windows
 - ❖ Ultra low air leakage rate
 - ❖ High efficiency heat recovery ventilator
- Space heat consumption modelled at 10,800 kWh per year (39 GJ/year)
- Heat loss at -32°C = 6600 W, = 6 hair dryers

EG 86



Ceiling U_{si}-0.057 (R-100) cellulibre



Double-stud 2x4 walls with U_{si}-0.10 (R-56) cellulibre



Basement walls U_{si}-0.105 (R-54)



Basement floor U_{si}-0.237 (R-24)

Windows

Triple glazed

south:

U_{si}-0.78 (R-7.3)

North windows

Quadruple glazed

U_{si}-0.57 (R-10)

Air tight envelope

0.50 AC/h

Heat recovery ventilator

72% efficient

East/West:
U_{si}-0.68 (R-8.3)



Ceiling Insulation

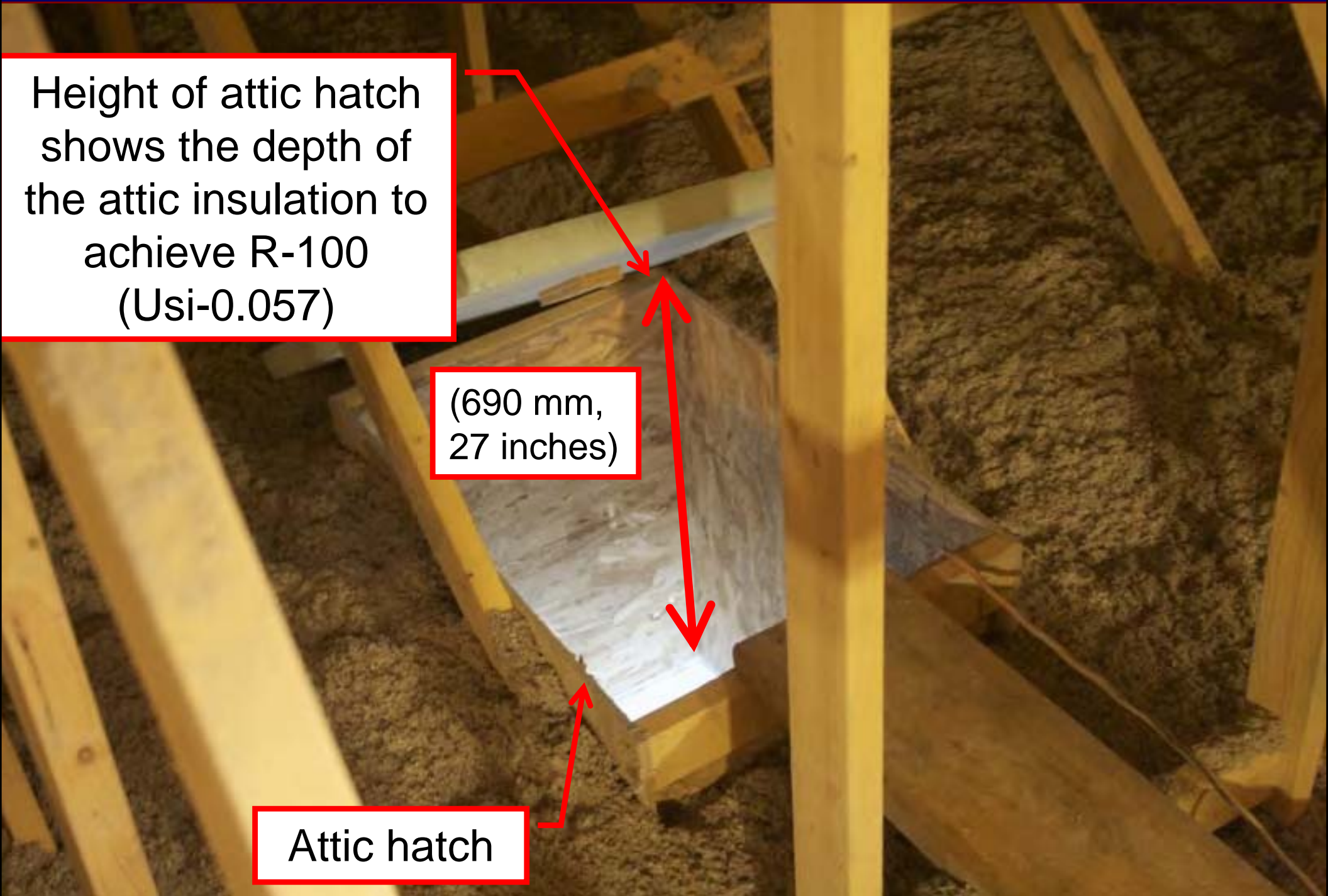


Ceiling Insulation

Height of attic hatch shows the depth of the attic insulation to achieve R-100 (Usi-0.057)

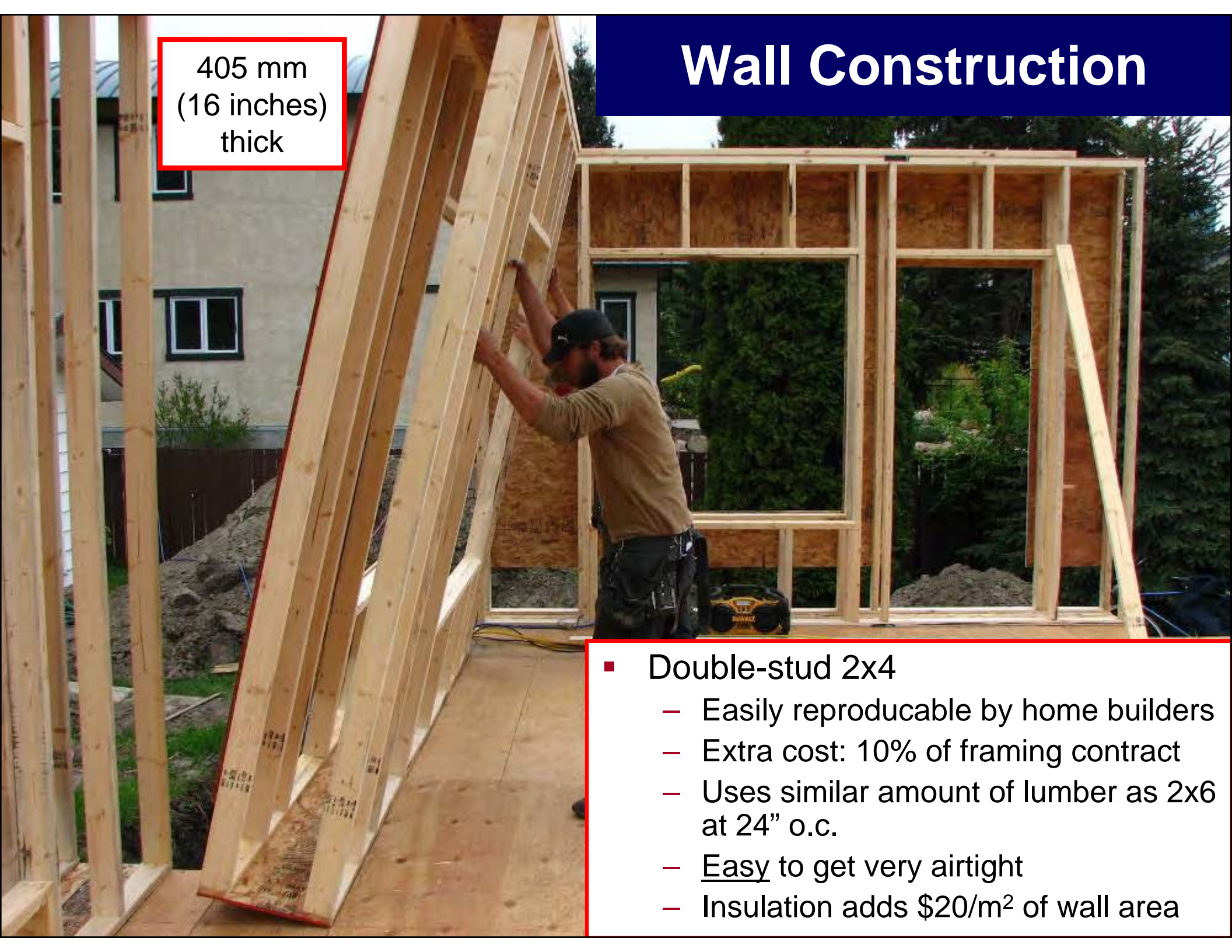
(690 mm,
27 inches)

Attic hatch



Wall Construction

405 mm
(16 inches)
thick



- Double-stud 2x4
 - Easily reproducible by home builders
 - Extra cost: 10% of framing contract
 - Uses similar amount of lumber as 2x6 at 24" o.c.
 - Easy to get very airtight
 - Insulation adds \$20/m² of wall area



Outside of wall

Inside of wall

Space for cellulibre insulation

(405 mm,
16 inches)

Polyethylene air
barrier stub
(as per building code)

Air barrier is on
the warm side of
the inside stud

Cellulose Fibre Insulation

- Recycled newspapers
- Low embodied energy
- Locally produced
- Sequestered carbon
- Not a hydrocarbon product
- Walls: 400 mm (R-56)




Insulation
itself is very
airtight

Wall is
covered
with a fibre
mesh to
keep
insulation
intact during
installation



Window Headers in Rim Joist Area



Space for the window's structural support plus lots of insulation

Need insulation here, not wood, but also need structural support for window

Achieving Ultra-Airtightness

- Not hard to do
 - Framers need to be very aware of this
 - No deviation from normal construction sequence.
 - Builder doing this for 20 years.
- Extremely effective performance
- Extremely cost-effective
- at -50 Pascals
 - Riverdale NetZero house: 0.50 AC/h
 - Mill Creek NetZero house: 0.36 AC/h



Electrical poly-vapour hats and backers

Spreader plate joints sealed



Windows foamed
All penetrations sealed

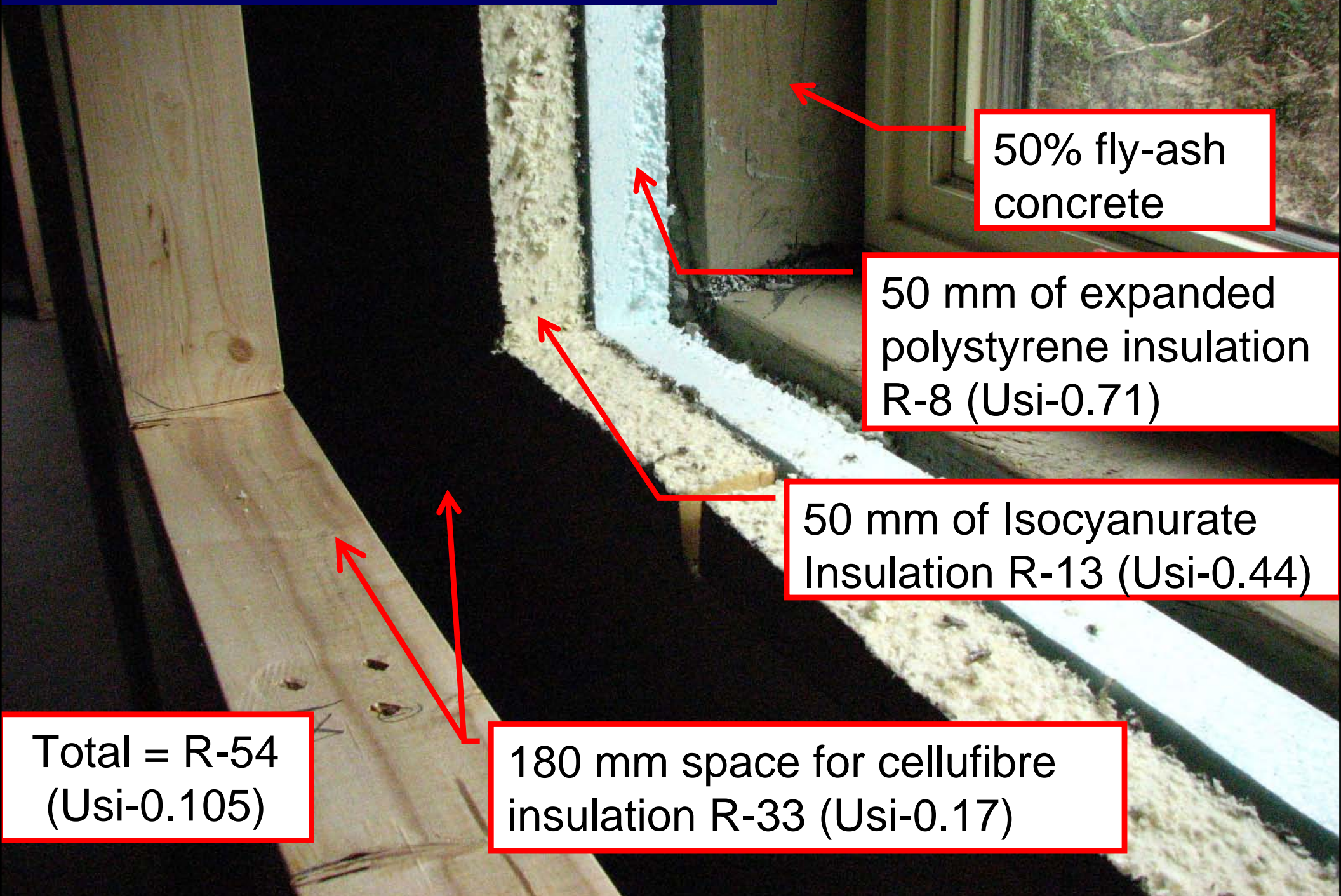


Rim joist air barrier wrap



Rim joist vapour barrier

Basement Wall Insulation



50% fly-ash
concrete

50 mm of expanded
polystyrene insulation
R-8 (Usi-0.71)

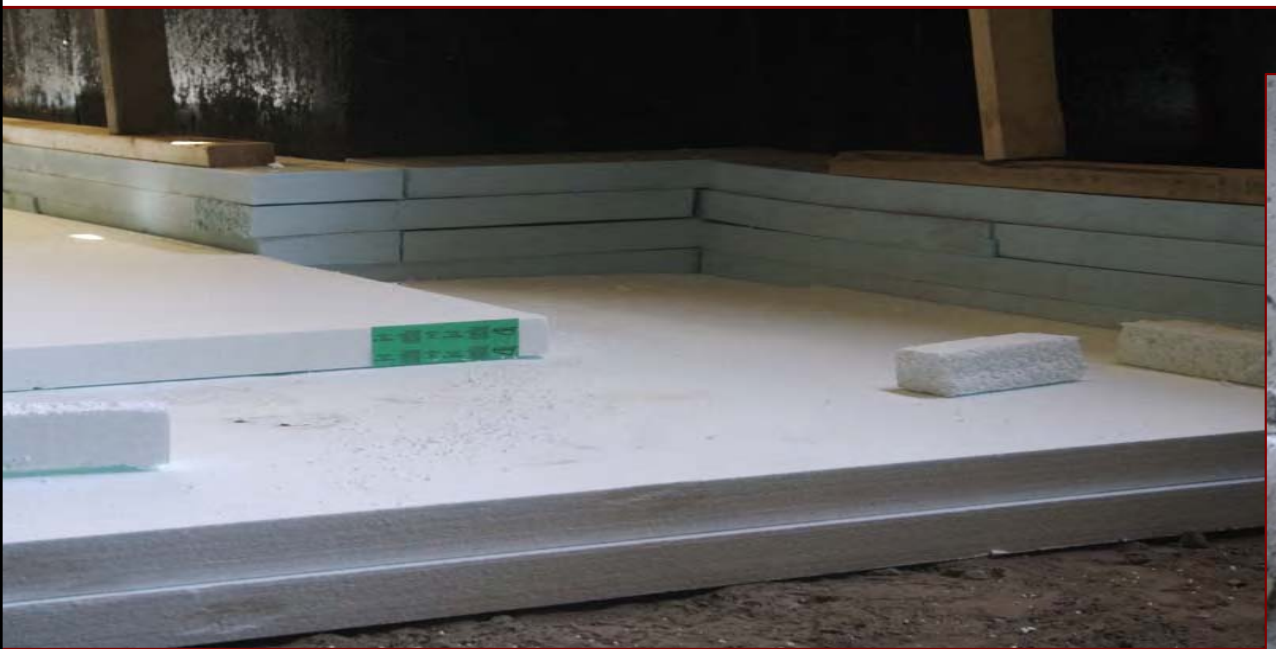
50 mm of Isocyanurate
Insulation R-13 (Usi-0.44)

Total = R-54
(Usi-0.105)

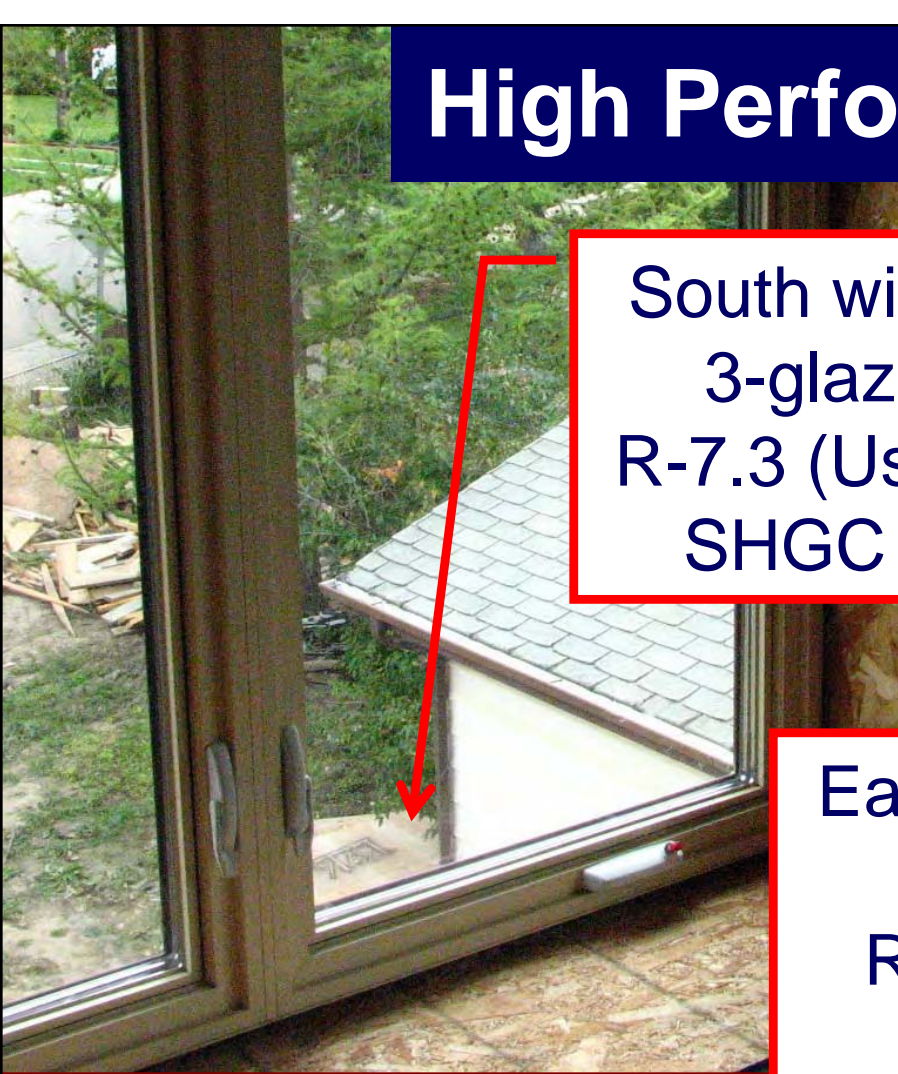
180 mm space for cellufibre
insulation R-33 (Usi-0.17)

Basement Floor Insulation

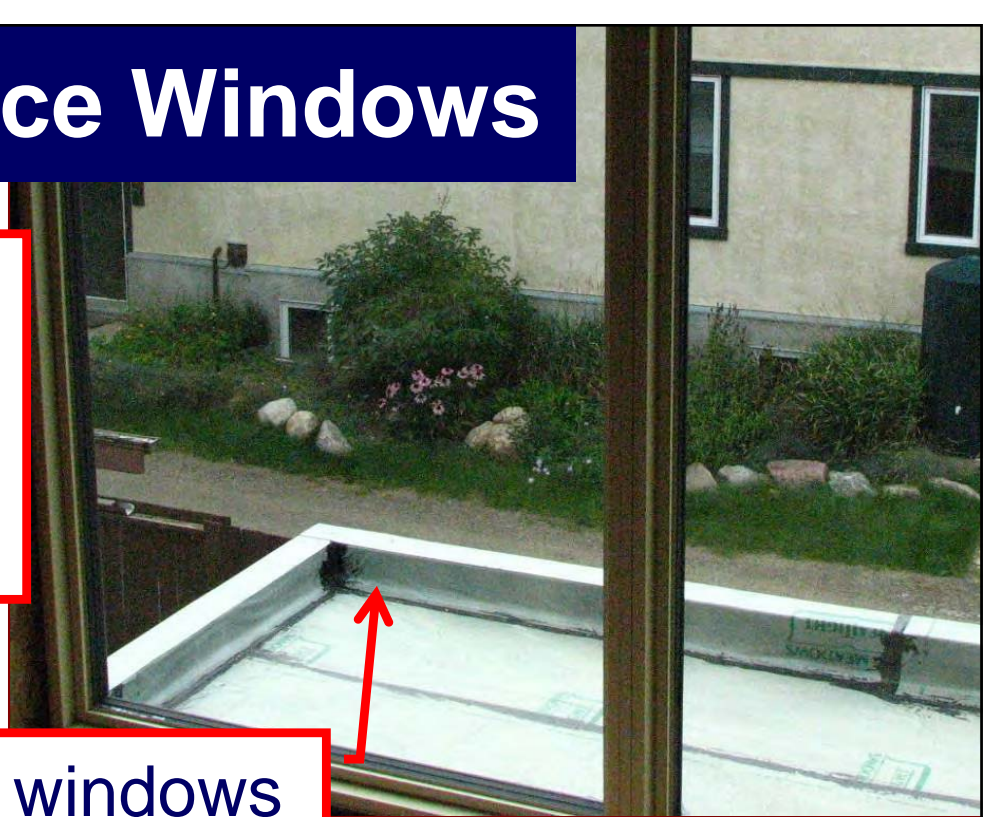
- Usi-0.237 underneath the concrete
- Extruded polystyrene



High Performance Windows




South windows
3-glazings
R-7.3 (Usi-0.78)
SHGC 50%



East/west windows
3-glazings
R-8.3 (Usi-0.68)
SHGC 37%

- Soft low emissivity coatings
- Argon gas between the glazings
- “Warm edge” glazing spacer
- Urethane insulated fibreglass frames
- Duxton Windows, Winnipeg

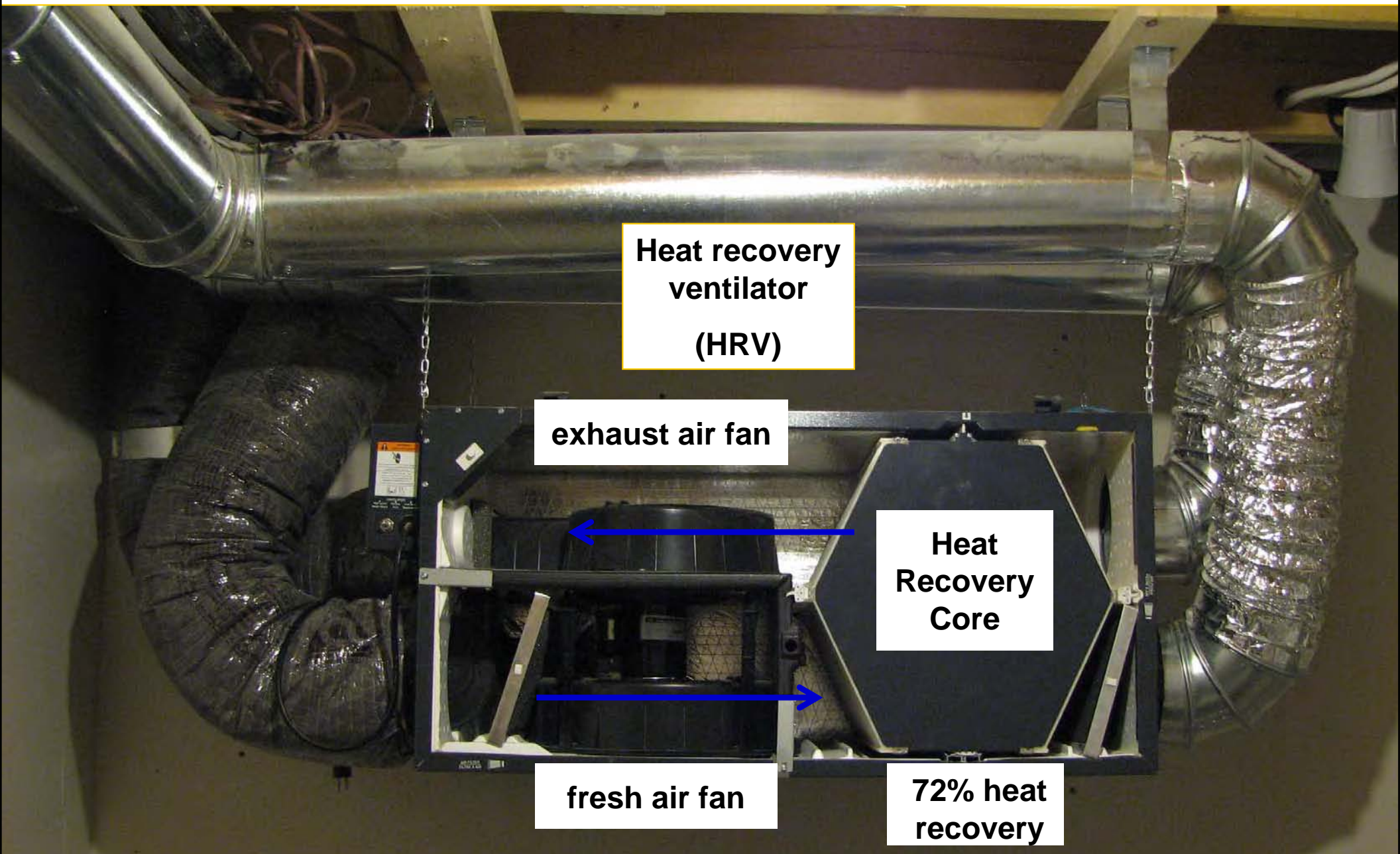


North windows
4-glazings
R-10 (Usi-0.57)

Mechanical Ventilation with Heat Recovery



Ventilation with Heat Recovery - Insides



HRV Operation

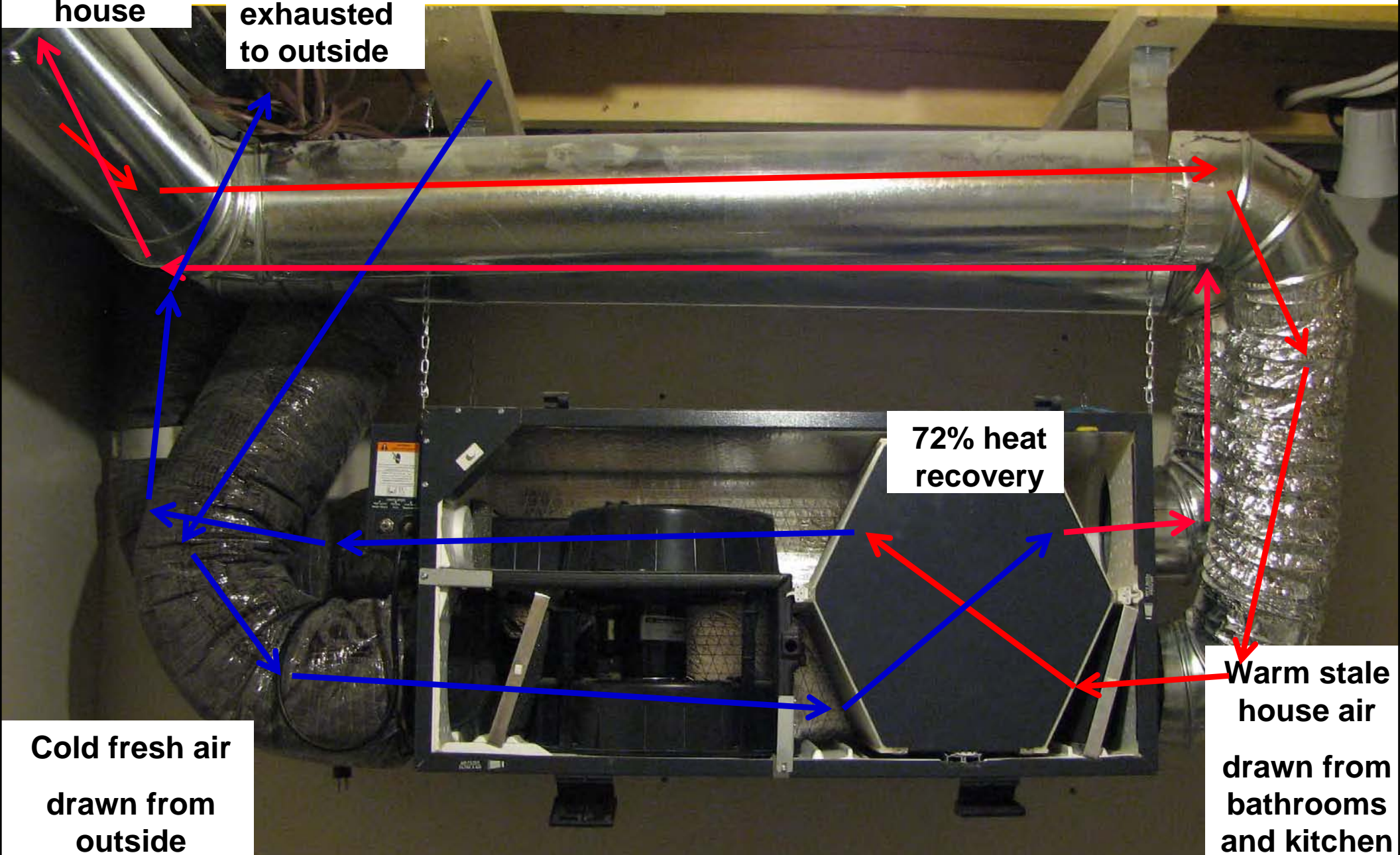
Warm fresh
outside air
supplied to
house

Cool stale
house air
exhausted
to outside

72% heat
recovery

Cold fresh air
drawn from
outside

Warm stale
house air
drawn from
bathrooms
and kitchen




RNZ Heating System...

- Standard, forced air heating system
- Solar furnace: fan coil connected to the solar heating system
- BUT we don't specifically need to heat the rooms themselves... primarily all we need to do is heat the house!



Return air at outside of wall

Heat and air supply vents to centre of rooms

- 
- Can do this because the walls and windows have such high R-values and so:
 - the walls and windows will be warmer; and
 - the rooms will need very small amounts of heat.

#4. Passive Solar Space Heating



EnerGuide rating: **93**
(electricity efficiency, passive solar)

All south windows: 17 m², 10% of floor area
Estimated production = 4400 kWh per year

Provides
~40% of space heating

#5. Active Solar Thermal Heating – Space & Water



EnerGuide rating: 96

Drainback collectors: 7, 21 m², vertical
DWH heat storage: 300 litres
Space heat storage: 17,000 litres
Heat distribution: fan-coil, forced-air
Supplemental: electric resistance
Estimated production = 4200 kWh per year

Provides
83% of domestic water heating,
21% of space heating

#6. Solar PV for electricity – domestic and heating



EG 100.4

PV array: 28, 33 m², 5.6 kW, 53° tilt
Electricity storage: "on the grid"
Measured production = 6600 kWh per year

Provides
112% of electricity consumption,
6% of domestic water heating,
11% of space heating

Mill Creek NetZero Energy House

- Single-family house
- 241 m² (2300 ft²)
- Not including area of finished basement with suite



Passive Solar Space Heating



Maximise the south window area
South windows: 23 m², 11% of floor area
Passive solar heating: 8300 kWh per year
Add thermal mass: 64 mm concrete floor overlay
Summer shading is really important

Passive solar
provides
~50% of
annual space heating

Simple solar domestic water heating system
All other heating is solar PV-electric: baseboard + electric water tank

Belgravia NetZero House

177 m² (1900 ft²)
(not including basement)





Solar Systems

All south windows: 23 m², 12% of floor area
Estimated passive solar = 8600 kWh per year
No solar thermal system
All other heating is solar PV-electric baseboard

Passive solar provides
~61% of space heating

Moveable Solar PV Awning



Fixed
PV array

PV
awning

Position
in August



Position
in December



Natural Landscaping

- beauty
- nature
- low maintenance
- fresh secure nearby food...

Edible forest

- Native and low water plants
- Beautiful and edible plants
- Rain water collection
- Minimal lawn

kiwi,
fiddleheads,
lots of berries,
apples,
herb garden,
mushroom stump

wetland,
waterfall

Designer: Ron Berezan TheUrbanFarmer.ca



Sustainable Materials, Air Quality

- Use materials that:
 - Had low manufactured energy
 - Are cleanly manufactured
 - Have low transportation energy
 - Are highly durable
- Have high recycled content, are recyclable
 - Uses feature beams recycled from liquor store
 - Uses siding from the old house for finish exterior around the windows
 - Recycled floor from a gym
 - Recycled window and door moldings
- Have low off-gassing of VOC's (volatile organic compounds)

Sustainable materials database:
GreenAlberta.ca



Next...

3. Expected Performance



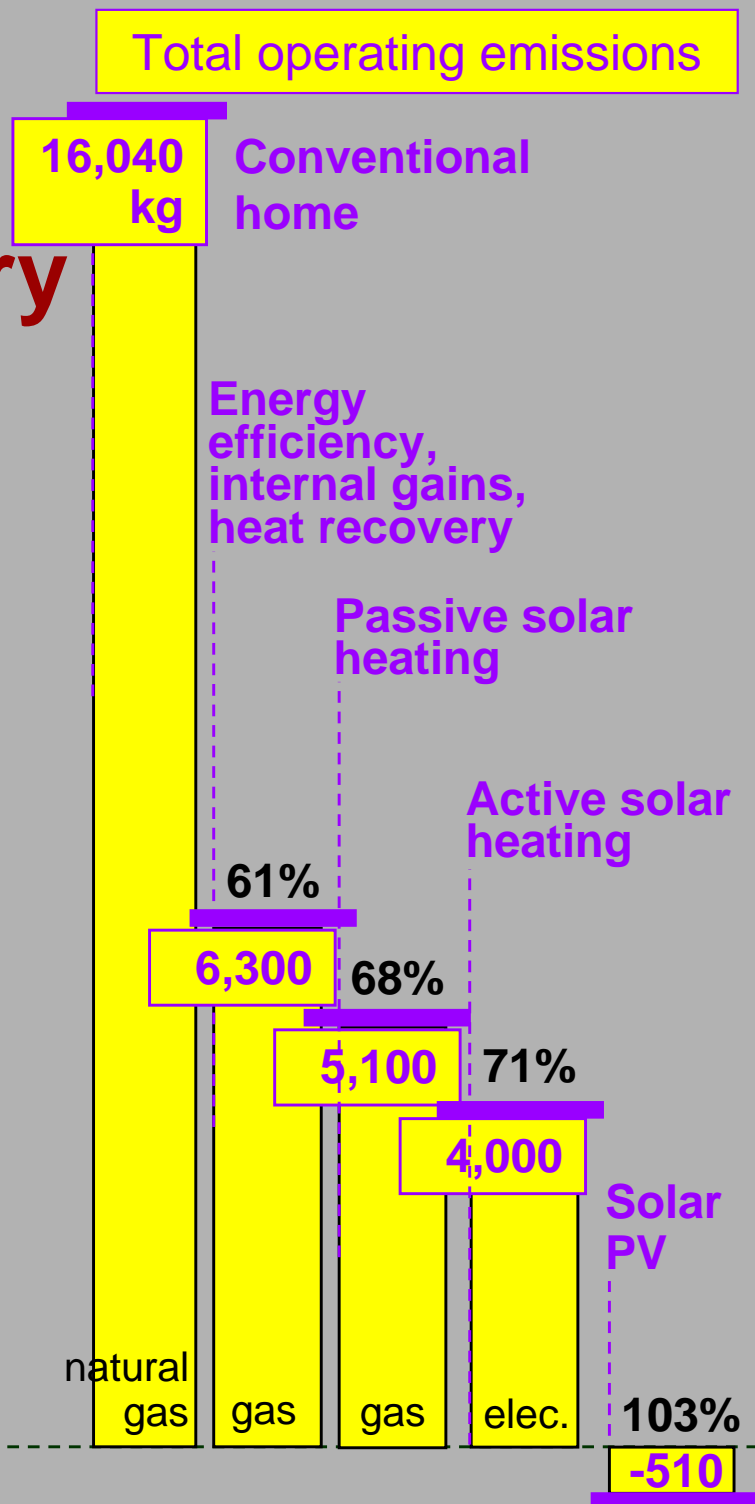
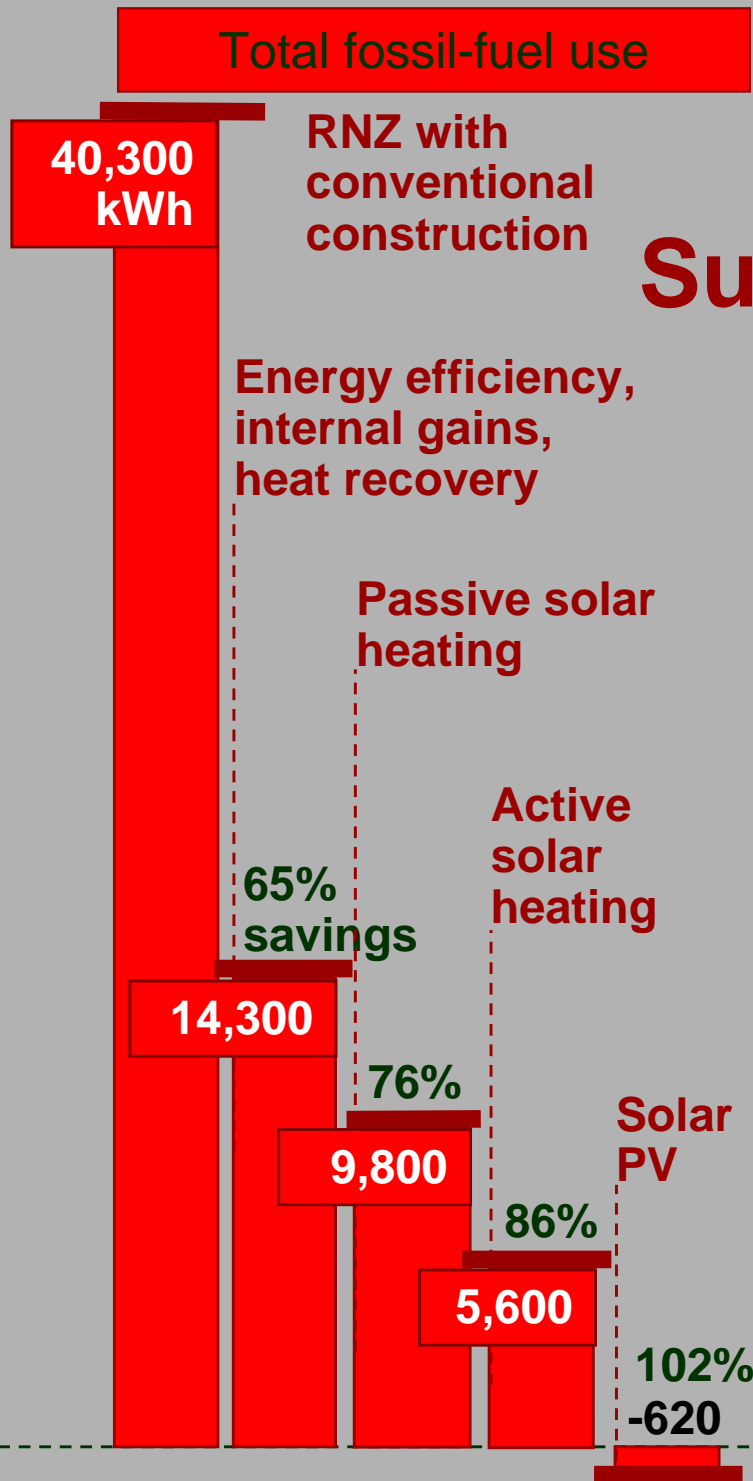
Once in a while solar doesn't work

2008 November 20, 19:26

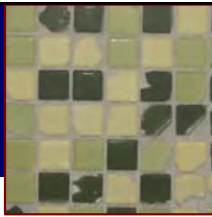


- Of course, when the big light in the sky turns off, the solar production systems don't work – passive solar, active solar and solar PV – so instead we draw electricity from the electric grid.

Summary



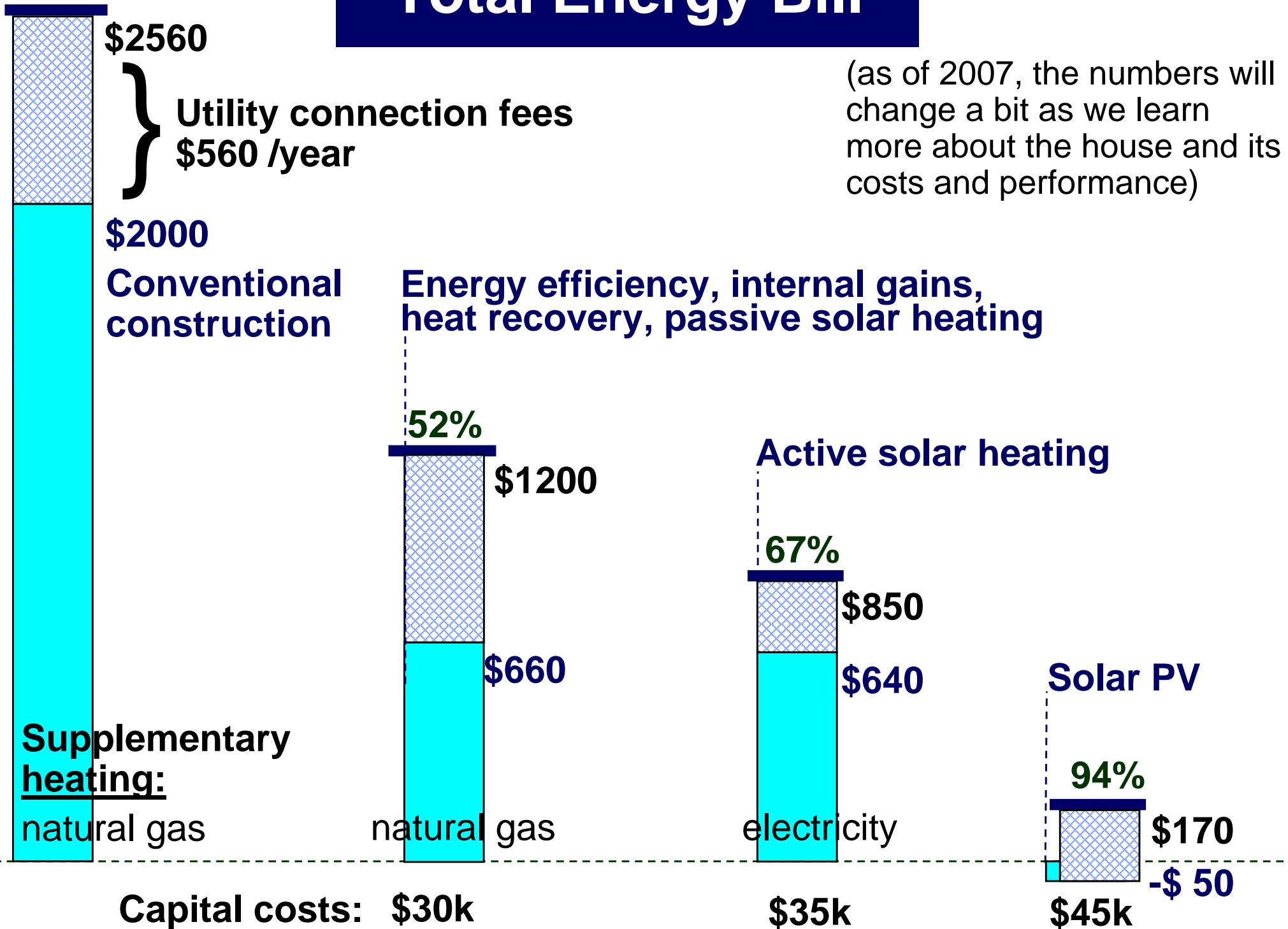
Next...



4. Costs and economics

Total Energy Bill

(as of 2007, the numbers will change a bit as we learn more about the house and its costs and performance)



Results: Annual RNZ Home Energy Bills

- Natural gas bill: \$0 no gas line needed, also saves \$520 per year in connection fees (in 2010)
- Electricity costs: surplus ~\$40 ranging from \$150 surplus to \$100 deficit per year depending on homeowner electricity consumption choices
- plus standard electricity grid connection fees of \$229 (in 2010)

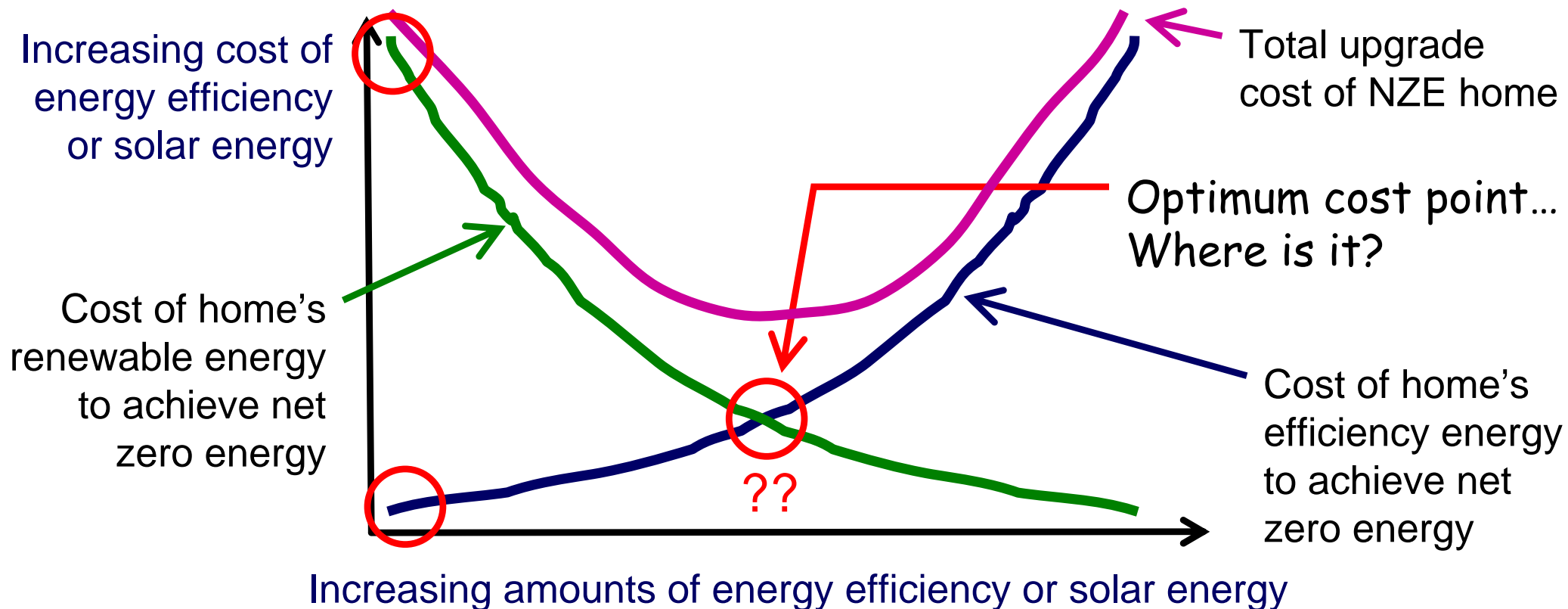


Design Challenge



Where do we find the minimum construction cost to achieve net zero?

- We need large amounts of energy efficiency and large amounts of solar energy



Decision Focus

Add energy efficiency
measures until their
cost per kWh/year

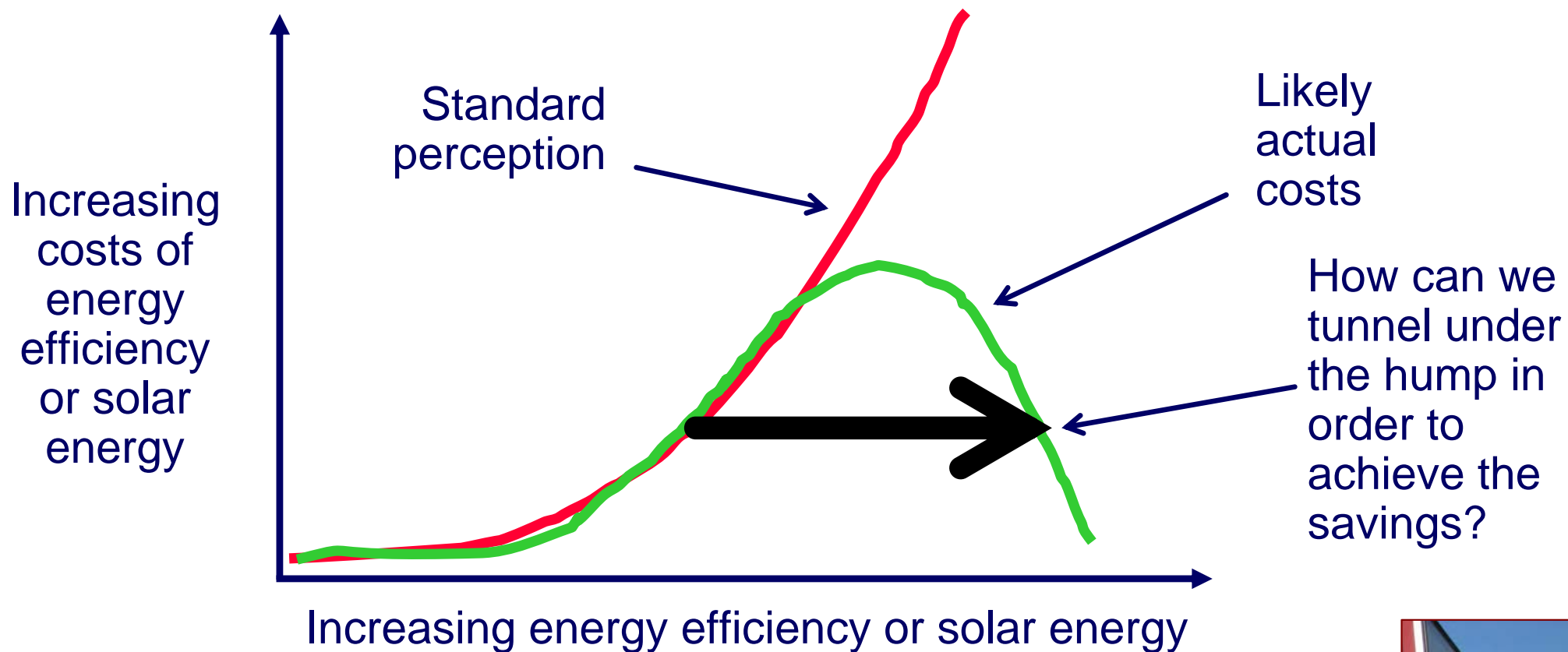
=

The cost per kWh/year
of energy generation
using solar PV

Economic Challenge

– “Tunnelling Through the Threshold”...

- Diminishing returns... yes,
but... there are cost reduction opportunities too...



Concept courtesy of Amory Lovins



Riverdale NZE House Component Economics

	Upgrade Cost	Savings \$/year	Energy price (simple analysis)		Return on investment
Electricity efficiency	\$1,800	\$550	1.6 ¢/kWh	\$4.50 /GJ	30% /year
Water efficiency	\$1,750	\$260	1.1	\$3.10	15% /year
Building envelope efficiency	\$12,000	\$1000	0.9	\$2.60	9% /year
Passive solar space heating	\$2,400	\$185	▪ difficult to determine as a separate item...		...from the building envelope
Active solar space & water heating	\$36,700	\$582	26	\$71	1.6% /year
Solar PV	\$54,000	~\$700	27	\$76	1.7% /year
Overall house	\$109,000	~\$3000	9	\$25	* 2.7% to 12%

plus 18,000 kg
GHG savings

* depending on government policies on fossil-fuel
subsidies, environmental emissions and green loans

Financial Challenges

- **House cost**
 - some \$70k to \$110k extra to build because of NZE features
- **Energy bill savings**
 - around \$3000 per year (increasing every year)
- **Return on investment** (simple analysis)
 - Perceived to be 2.7% to 4.3% per year (23 to 37 year payback)
 - Not including mortgage costs
 - But at 4% interest, this is \$2800 to \$4000 per year in loan payments
- **Government regulatory policies** regarding
 - Selling house electricity into the grid (participant costs, low value)
 - Lack of policies and value placed on the environmental sustainability
 - Subsidies of fossil fuels (implicit and explicit) – Reduce the savings and benefits of energy efficiency and solar energy
 - Mortgage costs – Increase the operating costs for the house
 - Result in a **minus 4%** per year ROI (payback is never).

Policy Solutions

- **If government regulatory policies**
 - **Allowed** full cost recovery of all electricity fed into the grid (no fixed fees, provided equal import and export prices)
 - **Removed** fossil fuel subsidies (such as natural gas rebates)
 - **Required** fossil fuels to pay for their environmental damage (air pollution and health care budgets)
 - **Provided** ultra-low interest green loans (< 1%)

- **Then...**
 - The energy operating cost of the house would be **zero**
 - The benefits of energy efficiency and solar energy would be **fully valued**
 - Would result in a **+5.2%** per year ROI (18 year payback).

- The changes to achieve this relate to how we want to **organise** ourselves, they are not technical.

Opportunity for “Net Zero Ready”...

- We are finding that “net zero ready” (ultra efficiency plus passive solar) is likely the cheapest-cost energy option for our new houses...
 - 73% energy reduction
 - 58% emission reduction
 - 54% utility bill reduction
 - yet only 4% of the costs of a new house...
- The infrastructure of “net zero ready” houses leaves homeowners and cities with a positive legacy instead of a future retrofit burden...

Next...

5. What we've learned...



Design Challenges



- Amount of roof and wall **space available**...
is there enough unobstructed area available for all the
 - **solar-thermal liquid collectors?**
 - **solar-thermal air collectors?**
 - **solar PV modules?**and
 - **view windows?** (which also provide passive solar heating)
- **Budget**
 - always a restriction
 - how can we make it **simpler** and **cheaper**?

Design Guides...

- **Keep it simple**
- **Complexity** of systems **is a concern** with their:
 - Design; Controls; Maintenance;
 - Modelling; Commissioning; Documentation; and
 - Installation; Operation; Homeowner training.
- **Reduce # of House Energy Systems:**
 - Homeowners likely not familiar with most of the new energy systems in the house
 - Reduce the number of systems people have to deal with.
 - Need to look at all the heating options and decide whether they are really needed or not...



Other Technologies .../1



- There are several strategies and technologies to get to the net zero energy goal...
- **Active solar air-thermal for space heating**
 - did not consider, didn't know much about it
- **Solar PV-thermal air for space heating**
(recovery of heat by running air behind the back of a PV array)
 - were not aware of modelling software or case studies to give us confidence to try this

Other Technologies .../2



■ Heat pump

- ❖ **Ground-source:** (also called geothermal) did consider it but found it to be too expensive for the small additional amount of heating that we still needed. Could be good on a larger house or if we did not have solar thermal space heating. Complicates and increases the cost of the heating system, compared to electric baseboards.
- ❖ **Air-source:** (like an air-conditioning system) did not consider because we perceived that it would not work in the winter in Edmonton. It could be worth re-evaluating.
- ❖ **Water-source:** did not consider for an urban house
- ❖ **Solar-source:** could be used. We are not certain of its performance.

Other Technologies .../3

- **Radiant Floor Heating**

- did not consider,
- more expensive than low-speed forced air heating,
- do not see the advantage in a net zero energy house – don't have to distribute much heat around the house.

- **Window Shutters** (inside or outside)

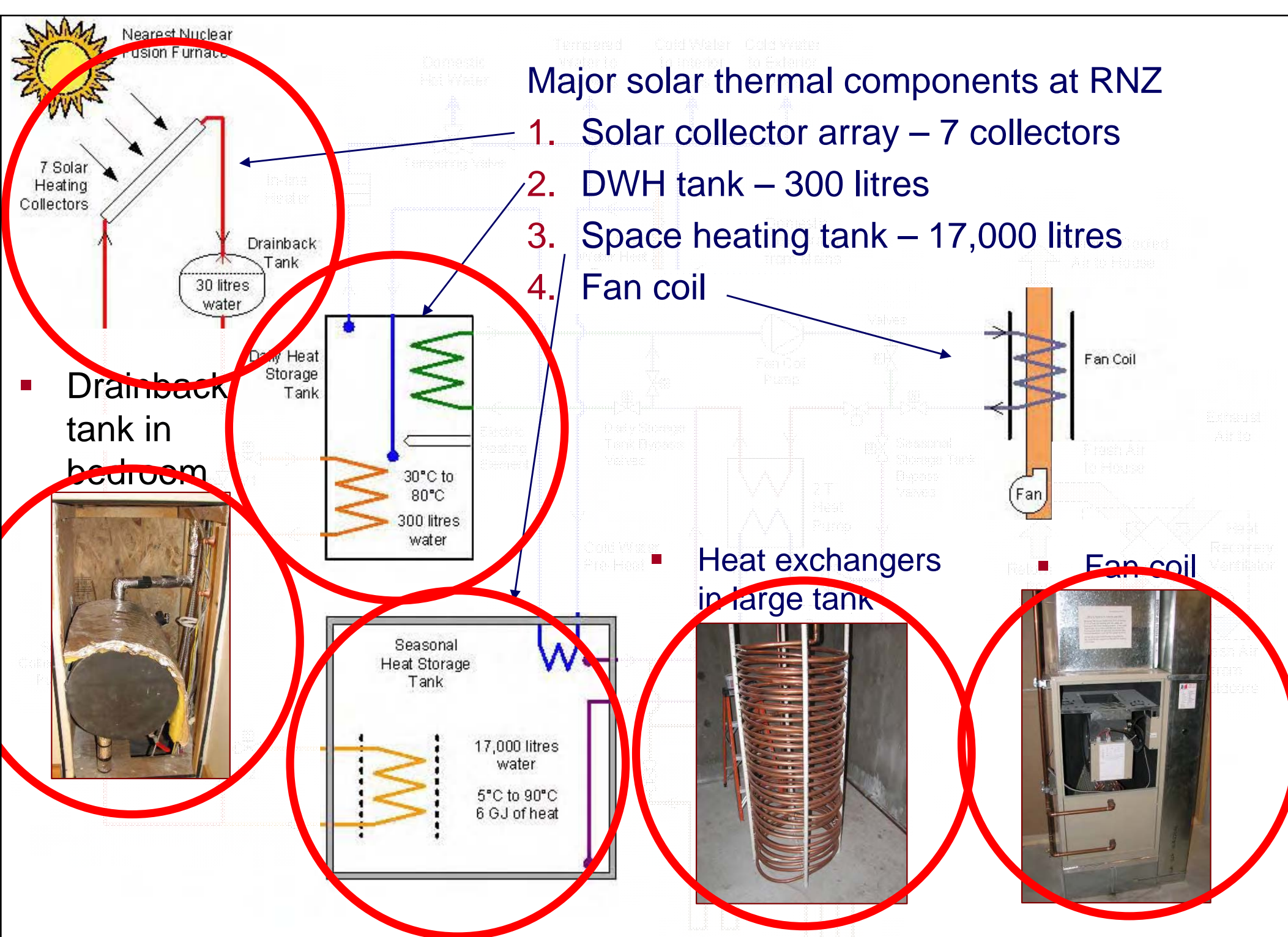
- did strongly consider, but the technology not as well developed as we would like,
- concerns with:
 - condensation,
 - rattling in the wind,
 - cost,
 - air sealing,
 - effective R-value,
 - durability,
 - would they be used consistently...

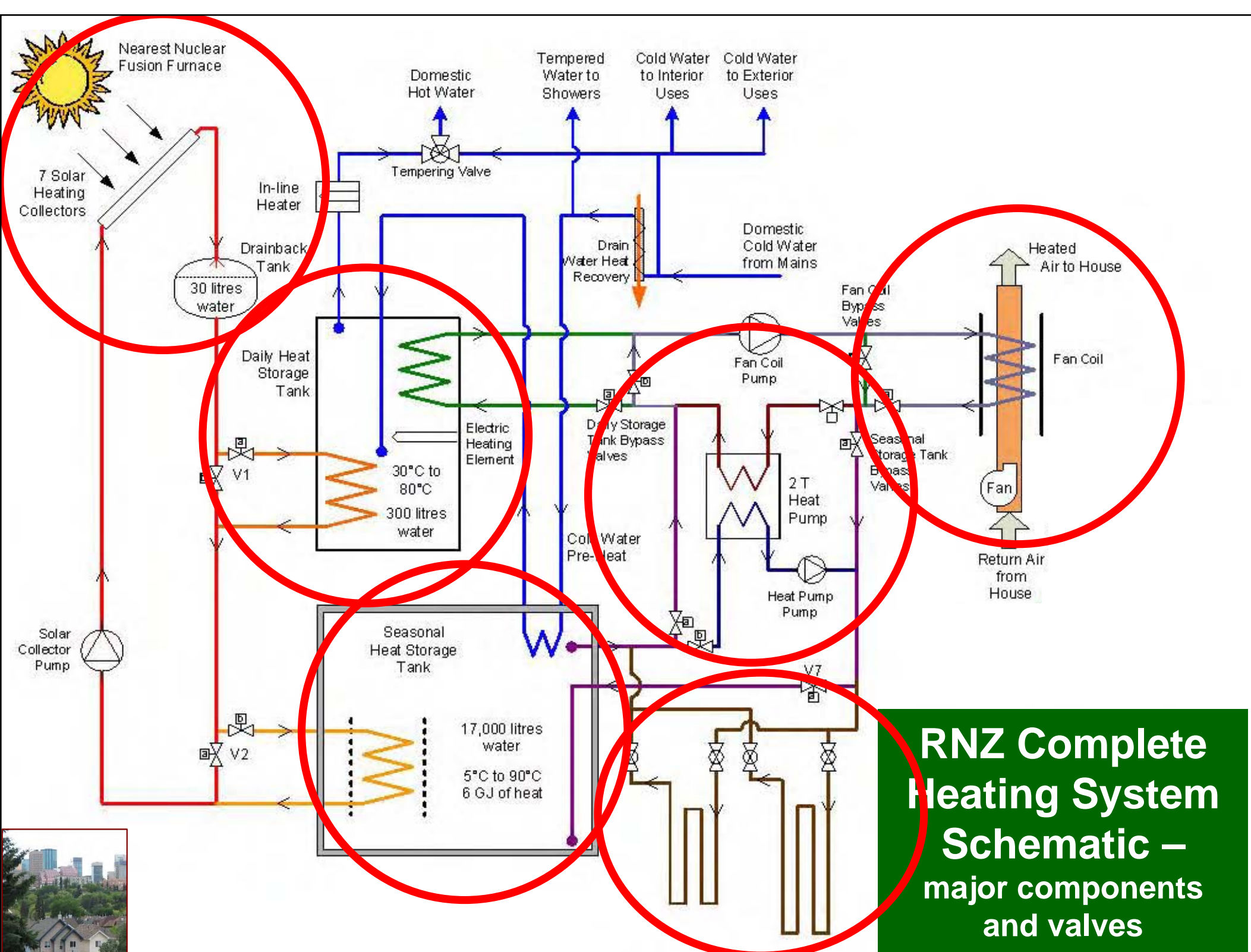
Other Technologies .../4

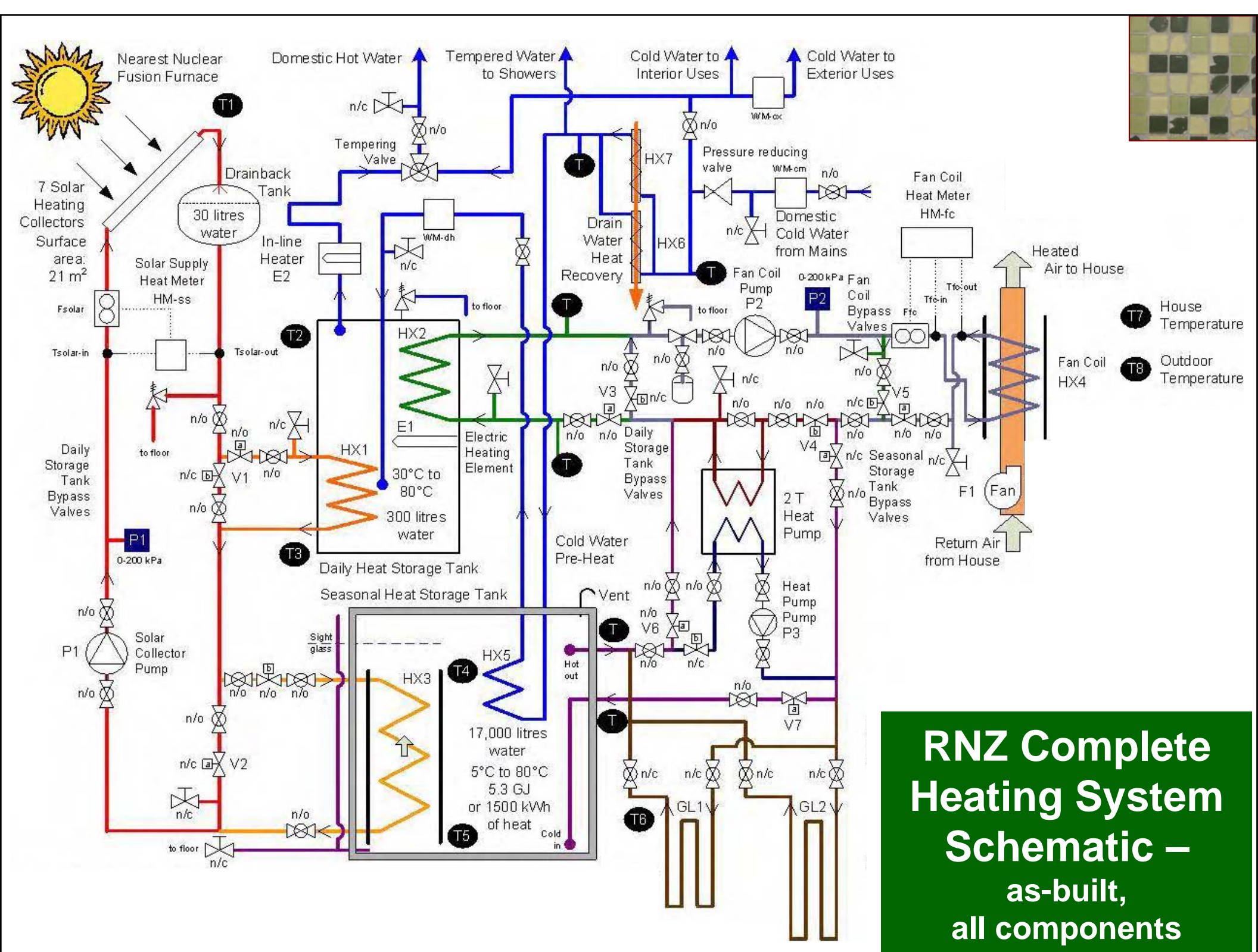
- **Evacuated Tube Solar Collectors** (ETC)
 - don't need the higher temperatures that it can provide,
 - more expensive than flat-plate collectors,
 - concern about performance claims,
 - concern about durability.

- **Heating zones**
 - not needed in an ultra-efficient house

- **Night set-back thermostat**
 - likely not enough energy could be saved in a net zero house to make this worthwhile
(instead, we use a manual thermostat)

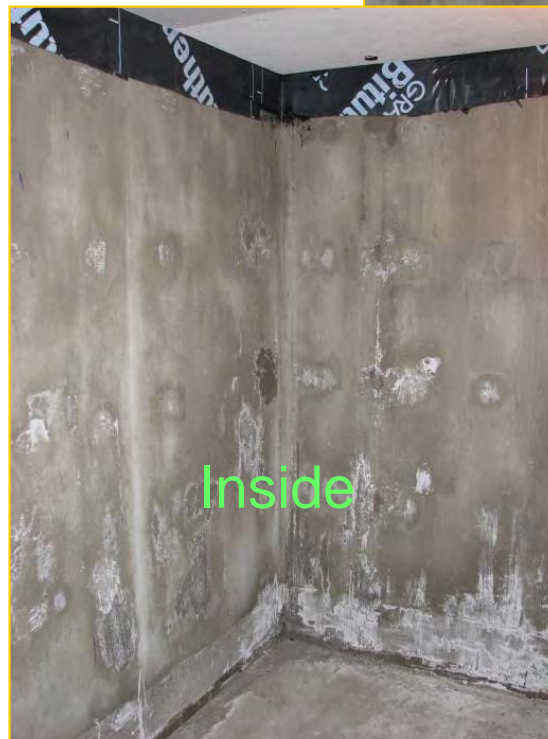






RNZ Complete Heating System Schematic – as-built, all components

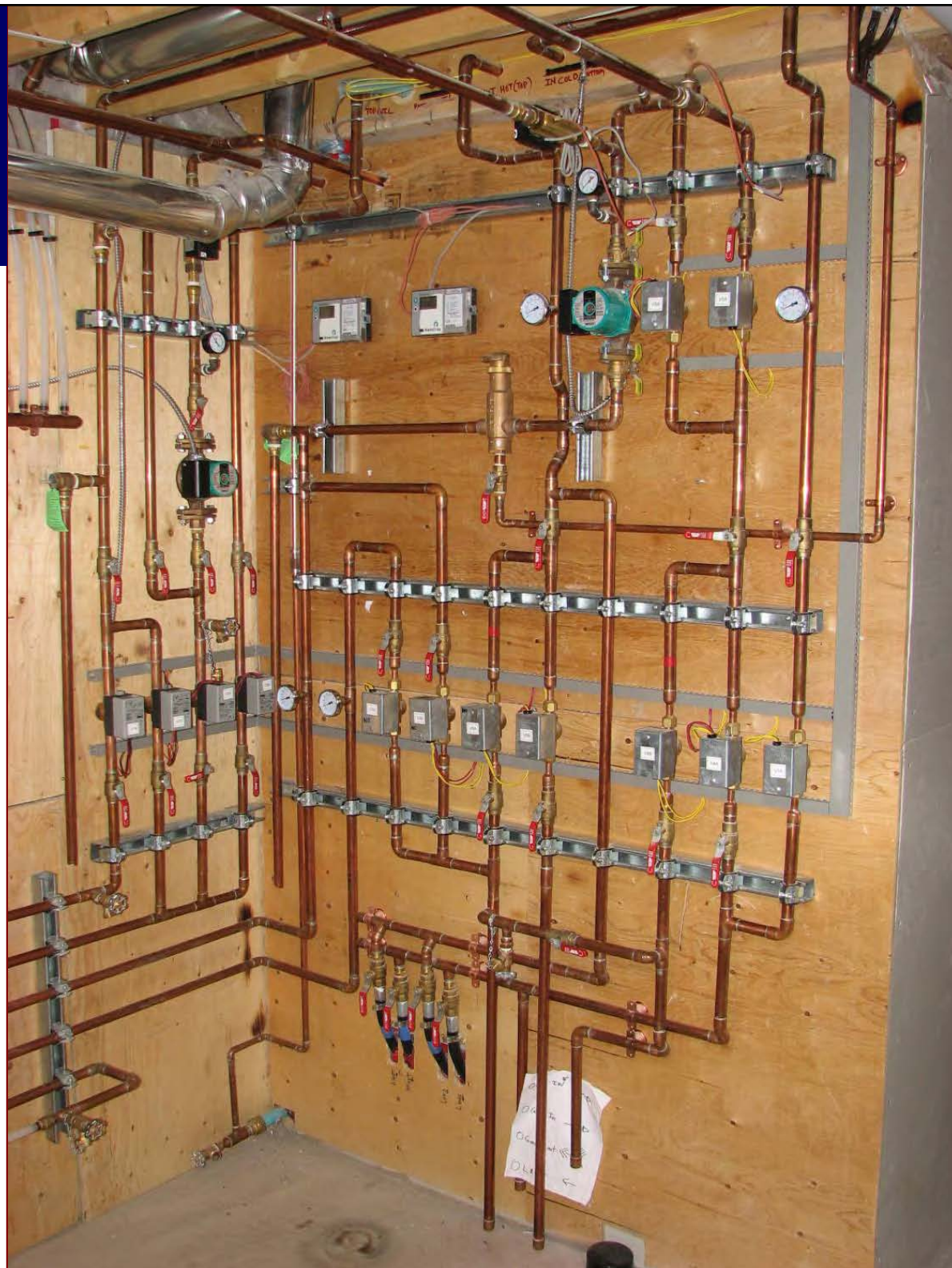
17,000 Litre Solar Storage Tank



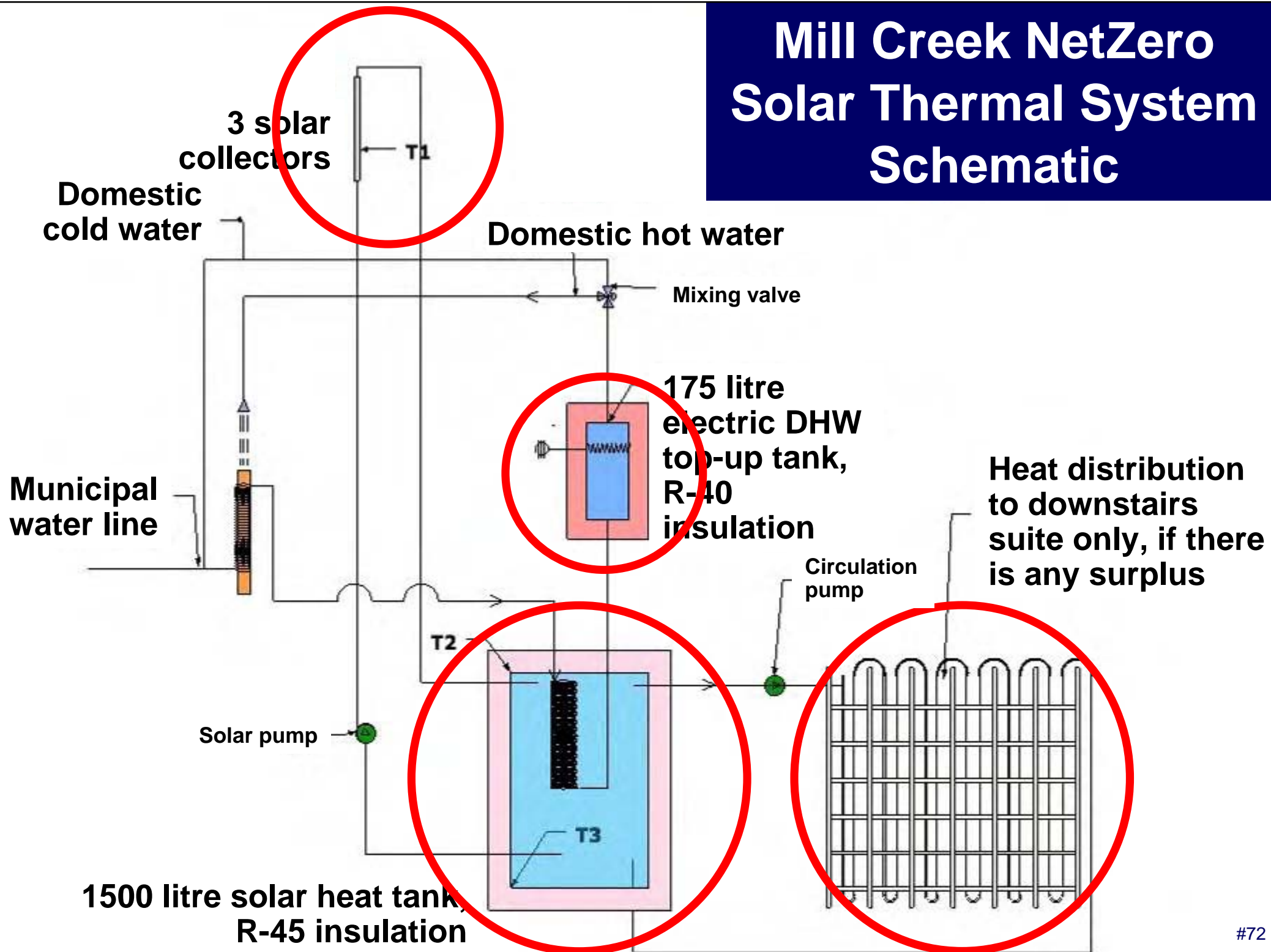
Tank, showing partial R50 insulation
(on walls and ceiling, R20 under floor)

Utility Room Solar Plumbing Layout - RNZ

- When completed, the piping will be insulated, colour-coded and have direction arrows.
- Complex to
 - design, model,
 - install, commission,
 - control,
 - describe, document, and train
- Takes up floor space for:
 - space heating tank
 - domestic water tank
 - fan coil
- Unknown maintenance
 - Can have air locks in piping
 - Risk of valve and tank leaks



Mill Creek NetZero Solar Thermal System Schematic



Belgravia NetZero Solar Thermal System Schematic

There is none....



28 Solar PV Modules
Surface area: 33 m²

Grid-Dependent DC-AC Inverter
468 mm x 613 mm x 242 mm

P_{ac} 5178 W
 V_{pv} 393 V

Inverter
integral
DC and AC
disconnects

D1

Pull-out safety
switch at meter

D2

M2

bi-directional
cumulative house
revenue meter

D4 Main House
Breaker
Main House
Breaker Panel

D3 40 A two-pole
breaker

M1

PV system energy
production meter

Operating voltage:
250 to 450 VDC
Operating current:
0 to 14.4 A

Operating voltage:
240 VAC
Operating current:
0 to 29 A

To the grid

**RNZ Solar
PV system
– single-line
diagram**



Electrical Room Solar Inverter Layout

- Simple to design, model, install, control, describe, document and train
- Compact
 - only takes up wall space
- Quiet
 - inverter relays click every 5 minutes at the start and end of each day
- No maintenance, essentially



Summary

1. Energy efficiency is the first choice.
2. Solar PV is next.
3. Get ready for cheap solar PV.
Make buildings “PV-ready”.
4. Housing that is “net zero energy ready”
(which means ultra efficiency minus solar PV)
is likely the cheapest cost option in a house
right now.

Net Zero Energy Housing

... can we really afford anything less?

www.greenedmonton.ca

www.riverdalenetzero.ca

www.solaralberta.ca

www.ecosolar.ca

Download this
presentation and
others from

[www.hme.ca
/presentations](http://www.hme.ca/presentations)

Calvert Island
north of
Vancouver Island



Gordon Howell, P.Eng.
Howell-Mayhew Engineering
Edmonton

Phone: +1 780 484 0476
E-mail: ghowell@hme.ca

©1995-2010

**We welcome any feedback, questions, suggestions,
comments and challenges to anything we present.**

Photo credits: Gordon Howell and several others